

Contemplative Space May to November 2026

Session Three

Friday 17 July

Romans 8:15-17

For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry 'Abba! Father!' it is that very spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ - if, in fact, we suffer with him so that we may be glorified with him.

A Reflection

When the Web Breaks

Mary Walker

When the web breaks,
when the threads, pulled too taut,
thin and thin,
when they can hold no more,
when they let go, resisting nothing
and sigh, relieved
what was full, empties,
what was sure, becomes a question,
what was finished
begins again.

Closing Prayer

after Rainer Maria Rilke's "Letters to a Young Poet"

In our crying out,
in the suffering of the world,
may we be patient toward all that is unsolved in our hearts
and try to love the questions themselves.
May we live everything,
live the questions now.
And then, one day, gradually,
without noticing it,
may we live into Your Spirit of adoption.