

CAMINO COMPANIONS

SESSION 6

17 & 18 MARCH 2024

ACTIVISM & LIBERATION



CAMINO COMPANIONS PRAYER

God of our pilgrimage, you sustain us along our path, wherever it may lead and however long the road. Inspired by St James, and all who have gone before us and will come after us, help us to follow you as our Creator and the source of life itself. Unite us as we seek justice, peace, and truth. In your world and in your church, guide us in our travels together so that we may be transformed and shaped by your divine love, today and forever. Amen.



Questions to explore....

- Is the Eucharist activism?
- What is the relationship between activism and contemplation?
- What does 'good news for the oppressed' mean?
- What does liberation mean to you?



When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

'Blessed are those who mourn, for they will be comforted.

'Blessed are the meek, for they will inherit the earth.

'Blessed are those who hunger and thirst for righteousness, for they will be filled.

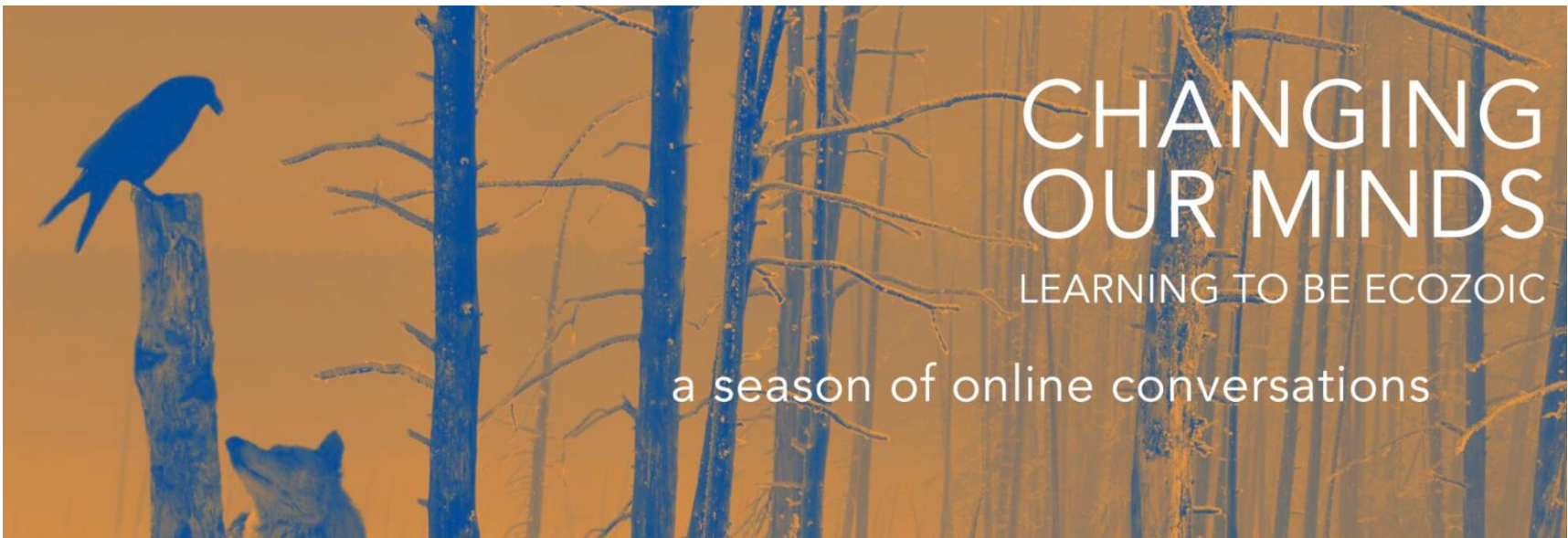
'Blessed are the merciful, for they will receive mercy.

'Blessed are the pure in heart, for they will see God.

'Blessed are the peacemakers, for they will be called children of God.

'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.



Menu
Starters
Fritata with ginger + mango Wensleydale
OR
Fried plantain with salad
Main
Chicken chipolata vegetable skillet
OR
Vegetable Skillet
Both Couscous



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Audre Lorde:

"When a people share a common oppression, certain kinds of skills and joint defenses are developed. And if you survive you survive, because those skills and defenses have worked. When you come into conflict over other existing differences, there is a vulnerability to each other which is desperate and very deep."

"You do not have to be me in order for us to fight alongside each other. I do not have to be you to recognize that our wars are the same."

"What we must do is commit ourselves to some future that can include each other and to work toward that future with the particular strengths of our individual identities. And in order for us to do this, we must allow each other our differences at the same time as we recognize our sameness."





**'My soul magnifies the Lord,
and my spirit rejoices in God my Saviour,
for he has looked with favour on the lowliness of his
servant.**

**Surely, from now on all generations will call
me blessed;**

**for the Mighty One has done great things for me,
and holy is his name.**

**His mercy is for those who fear him
from generation to generation.**

**He has shown strength with his arm;
he has scattered the proud in the thoughts of their
hearts.**

**He has brought down the powerful from their
thrones,**

and lifted up the lowly;

**he has filled the hungry with good things,
and sent the rich away empty.**

**He has helped his servant Israel,
in remembrance of his mercy,**

**according to the promise he made to our ancestors,
to Abraham and to his descendants for ever.'**



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