

Camino Companions  
*Session 2:*  
*Pilgrimage & Prayer*

St James's Piccadilly  
Monday 18 November 2024

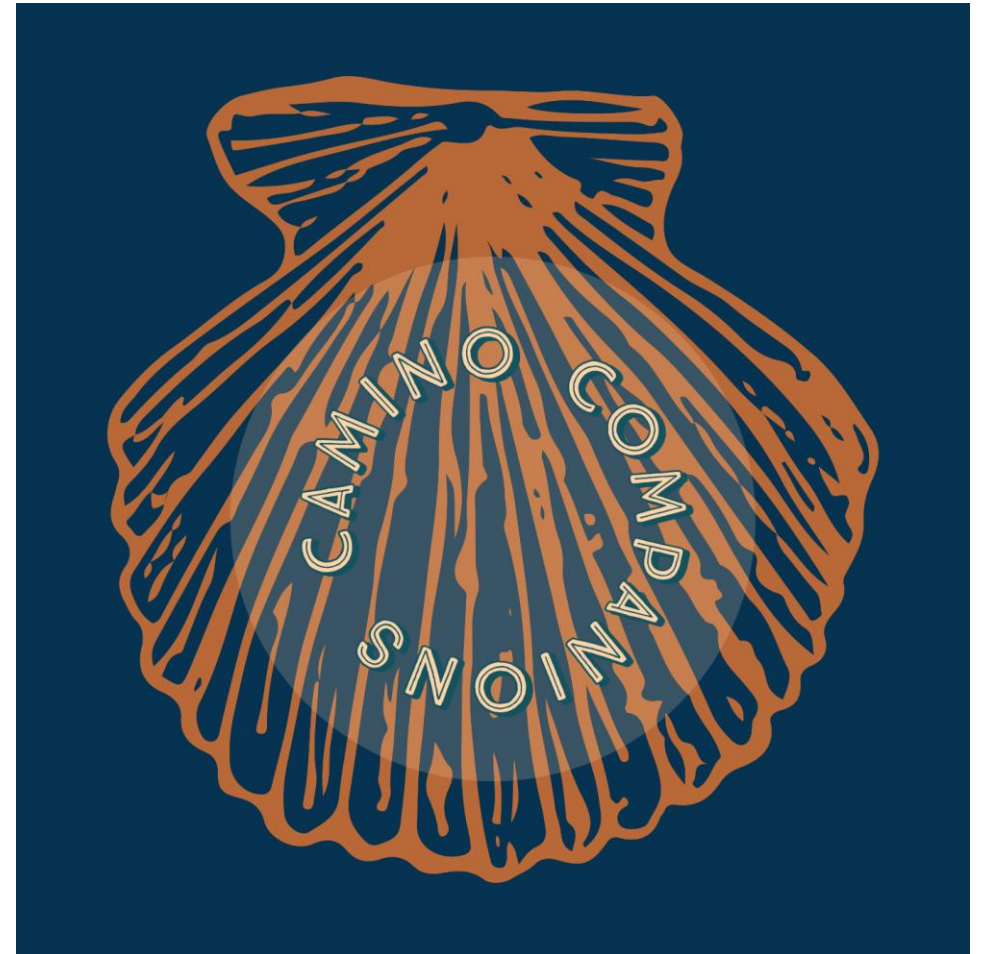


Why have you chosen to be a Camino Companion?  
What are you looking forward to along the way?



# Camino Prayer

*God of our pilgrimage, you sustain us along our path, wherever it may lead and however long the road. Inspired by St James, and all who have gone before us and will come after us, help us to follow you as our Creator and the source of life itself. Unite us as we seek justice, peace, and truth. In your world and in your church, guide us in our travels together so that we may be transformed and shaped by your divine love, today and forever. Amen.*



# Building Belonging as Companions

What will this look like? How will it feel?  
How will we know when we've got it right?

Trust, respect, confidentiality, learning together, taking risks together, fun, anticipation, something to look forward to, open dialogue, making space for each other, exploring and celebrating difference, finding God in the ordinary, safe to disagree, rewarding and sustaining, stronger together, okay not to talk - space for silence, space to be yourself

'Prayer is a form of communication between God and humanity, and humanity and God... I am always impressed by the fact that it is recorded that the only thing that the disciples asked Jesus to teach them how to do was to pray.'

- Howard Thurman





*What is prayer?*

- What does it feel like?
- What's its purpose?
- Why does it matter?
- What's going on?

*Where is God in prayer?*

- Does God listen?
- Does God act?

Why does Jesus pray?

How does Jesus pray?





Until next time...

- Reflect on what pilgrimage means to you
- Pray with the Camino Prayer
- Try an 'everyday pilgrimage'

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