

Holding the Silence 2025

Daily Readings from Sunday 6th -Saturday 19th July 2025

Collect for Sunday 6th -Saturday 12th July

God our Saviour, look on this wounded world in pity and in power; hold us fast to your promises of peace won for us by your Son Jesus Christ. Amen.

Collect for Sunday 13th -Saturday 19th July

Gracious Father, by the obedience of Jesus you brought salvation to our wayward world: draw us into harmony with your will, that we may find all things restored in him, our Saviour, Jesus Christ. Amen.

Daily Readings

Sunday 6th July

Bear one another's burdens, and in this way you will fulfil the law of Christ. For if those who are nothing think they are something, they deceive themselves. All must test their own work; then that work, rather than their neighbour's work, will become a source of pride. For all must carry their own loads. *Galatians 6.2-5*

Following Jesus means following the path he took and seeing things as he saw them. *Rule for a new Brother.*

Monday 7th July

Jesus said, 'Come to me, all you that are weary and carrying heavy burdens, and I will give you rest. *Matthew 11.28*

Be a rainbow in someone else's cloud. *Maya Angelou*

Tuesday 8th July

Show me your marvellous loving-kindness, O Saviour of those who take refuge at your right hand from those who rise up against them. Keep me as the apple of your eye; hide me under the shadow of your wings. *Psalm 17.7-8*

Relying on God is to begin all over again, every day as if nothing had yet been done. *C.S. Lewis*

Wednesday 9th July

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice and weep with those who weep. Live in harmony with one another; do not be haughty but associate with the lowly; do not claim to be wiser than you are. *Romans* 12.14-16

Goodness is something so simple: always to live for others, never to seek one's own advantage. *Dag Hammarskjöld*

Thursday 10th July

Behold how good and pleasant it is to dwell together in unity. It is like the dew of Hermon running down upon the hills of Zion. For there the Lord has promised his blessing: even life for evermore. *Psalm 133.1, 4-5*

God is the voice within us calling us to life. God is the reality trying to come to fulness within us, both individually and together. *Joan Chittester*

Friday 11th July

A ruler asked him, 'Good Teacher, what must I do to inherit eternal life?' Jesus said, 'You know the commandments.'... He replied, 'I have kept all of them since my youth.' When Jesus heard this he said, 'There is still one thing lacking. Sell all that you own and distribute the money to the poor. You will have treasure in heaven; then come, follow me.' *Luke 18.18-22*

While I know myself as a creation of God, I am obligated to realise and remember that everyone else and everything else are also God's creation. *Maya Angelou*

Saturday 12th July

Do not fear those who kill the body, but cannot kill the soul; rather fear him who can destroy both body and soul in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by the Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. *Matthew 10.28-31*

We are called to represent Christ spontaneously and with incalculable consequences in the pedestrian obscurity of everyday life. *Hans Jürgen Schultz*

Sunday 13th July

We have not ceased praying for you and asking that you may be filled with the knowledge of God's will in all spiritual wisdom and understanding ... May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light. *Colossians 1.9,11,12*

If we have no peace it is because we have forgotten that we belong to one another. *Mother Theresa*

Monday 14th July

May the God of steadfastness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus, so that together you may with one voice glorify the God and Father of our Lord Jesus Christ. *Romans* 15.5,6

God gives us grace, but leaves it to us to become new creatures. *Anthony Bloom*

Tuesday 15th July

For if you love those who love you, what reward do you have? But I say to you, love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven, for he makes the sun rise on the evil and the good, and sends rain on the righteous and the unrighteous. *Matthew* 5.43-45

We must make choices that allow us to fulfil the deepest capacities of our real selves. *Thomas Merton*

Wednesday 16th July

Bless the Lord, O my soul, and all that is within me bless his holy name. Bless the Lord O my soul, and forget not all his benefits; who forgives all your sins and heals all your infirmities. *Psalm 103.1,2*

The world we build tomorrow is born in the prayers we say today. *Jonathan Sachs*.

Thursday 17th July

Come to me all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. *Matthew 11.28-30*

Pilgrimage to the place of the wise is to find escape from the flame of separateness. *Rumi*

Friday 18th July

Jesus said, 'Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you.' *Luke 6.27b,28* Peace is not achieved by controlling nations, but by mastering our thoughts. *John Harricharan*

Saturday 19th July

We look not at what can be seen; for what can be seen is temporary, but what cannot be seen is eternal. *2 Corinthians 4.18*

Faith does not need to push the river because faith is able to trust that there is a river. The river is flowing. We are in it. *Richard Rohr*

Join the Holding the Silence live stream Thursday and Friday at 12 noon on our YouTube channel