DAILY BREAD

'Grain of Hope : Slice of Heaven''

EXPECTING

As the stem elongates, the ear of wheat begins to develop, tightly furled inside the flag leaf sheath, hidden from fungal spores, invertebrates and the weather. Once the flag leaf blade is completely visible, the booting stage starts. During booting, the flag leaf sheath extends, swells and begins to split. This 'time of 'gestation' is hugely significant in laying down the structures that will allow the wheat plant to reproduce. Or from a human point of view, produce grain.



Green-wombed

It is Pentecost. Wheat which was sown in Lent pushes its first ears into the sun:

I think about those fumbling followers whose spirit-growth had been enfolded by Jesus, suddenly thrust

into a future gaping huge and unknown; into the shock of a self they did not know; into hurricane-disruption, fierce scorching

of Spirit-fire. At St. James's, ears of wheat are emerging from their spell of green-sheathed time;

from the protecting flag leaf which swelled round their growth like an expectant womb: all of a sudden forced

into sun-fire, into the assault of wind, the random attack of storms, even as they produce their pollen.

And I, in my home, think how this isolating time might serve not as a prison-cell, but rather a womb

that insulates us from what is known all too well; that for a while protects us from the thought-habits that control our lives;

so that when we are thrust headlong into a strange and threatening world, out of this womb-time we might birth new forms of living:

E merging from their spell of greensheathed time



so much seems possible when I watch these wheat-ears carve out their shapes in the air and begin to flower.

Diane Pacitti, 2020

Sara's wheat growing in West London, showing the emerging ear of wheat 70 days after sowing. I was surprised how low on the stalk they emerged. The **Flag** leaves are responsible for 75%-80% of the photosynthesis of the wheat plant and produce the energy to fuel the filling of the grain.



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