



Welcome to our St James's Day BBQ!



Brought to you by:

Delicious organic item	Extra cost for buying organic on the quantities we used (£)
Garlic	Much the same
Onions	Much the same
Potatoes	5.00
Tomatoes	18.00 (shocking!)
Olive oil	1.20
Balsamic vinegar	1.00
Self-raising flour	2.92
Butter	13.20
<i>Other veg is all non-organic</i>	

And also:

Item	LOAF comments
Pork sausages	Outdoor reared pigs from Norfolk, gluten free
Aberdeen Angus sausages	Reared in the UK, <i>contain gluten</i>
Eggs	Free range
Halloumi cheese from Cyprus	no animal rennet – but this probably means GMOs used in production of the coagulating agent
Quorn sausages	Contain wheat products
Bread	Sourdough, plus one gluten free loaf available

Supported by:

Bioplastic (corn-starch) cups	Compostable, 11.8kg carbon saved, 6.2kg landfill diversion per 1000
Waste sugar-cane pulp plates	Compostable, 11kg virgin material saved, 11kg landfill diversion per 500
Bioplastic forks	Compostable, landfill diversion 5.1kg per 1000
FSC birchwood knives	Compostable, landfill diversion 2.9kg per 1000
Kitchen towel-come-	Made in the UK, FSC, 50% less packaging

napkins	
Charcoal	Made in the UK from FSC wood